

GLUTEN FREE



(No wheat, rye, oats or barley)

PRODUCT	PACK	YIELD	FSA #
BREADS / PIZZA			
Lo*Pro Bread - Rice & Tapioca Loaf -Gluten Free, Low Protein	6 - 16 oz	96 slices	79723
Lo*Pro Bread - Rice Starch Loaf - Gluten Free, Low Protein	6 - 19.8 oz	72 slices	76460
Ener-G White Rice Loaf - Gluten Free	6/16 oz	72 slices	69233
Ener-G Deli-Style White Bread, GF	6/16 oz	72 slices	67743
Ener-G Brown Rice Bread - GF	6/16 oz	72 slices	79656
Ener-G Foods Hamburger Buns-Gluten Free	6 - 7.76 oz.	24 - 55g	69922
Ener-G Foods Hot Dog Buns-Gluten Free	6 - 7.76 oz.	24 - 55g	77797
Ener-G Foods English Muffins-Gluten Free	6 - 14.8 oz.	24 - 105g	62550
Ener-G Foods Pizza Shell 10"-Gluten Free (10 inch rounds) (10 crusts)	5 - 14.7 oz.	80 - 21 g	78439
Ener-G Foods Pizza Shell 10"-Gluten Free (10 inch rounds) (4 crusts)	2 - 14.7 oz.	32 - 21g	63493
Ener-G Foods Cinnamon Raisin Bread, GF	6/14oz	72	71970
Ener-G Foods Pacific Molasses Bread, GF	6/14oz	72	72393
Ener-G Foods White Sourdough Bread, GF	6/14oz	72	66617
Ener-G Foods Northwest Banana Bread, GF	6/14oz	72	64449
CEREALS & BREAKFAST BARS			
Glutino Breakfast Bar - Apple - Gluten Free	12 - 7.1 oz	60 bars	75756
Glutino Breakfast Bar - Blueberry - Gluten Free	12 - 7.1 oz	60 bars	60887
Glutino Breakfast Bar - Strawberry - Gluten Free	12 - 7.1 oz	60 bars	76795
PASTAS			
Barilla GF Pasta, Rotini	8/12 oz	72	603166
Barilla GF Pasta, Fettuccine	12/12 oz	72	76990
Barilla GF Pasta, Spaghetti	12/12 oz	72	125845
Barilla GF Pasta, Elbows	8/12 oz	72	518991
CRACKERS / COOKIES / SNACKS			
Beanitos® Black Bean Chips, Honey Chipotle BBQ	24/1.2 oz	28.8	67212
Beanitos® Black Bean Chips, Original Sea Salt	24/1.2 oz	28.8	69928
Beanitos® White Bean Chips, Hint of Lime	24/1.2 oz	28.8	74417
Beanitos® White Bean Chips, Nacho Cheese	24/1.2 oz	28.8	72526
Glutino Cheddar Crackers	6/4.4 oz	24	66351
Glutino Cracker Ritz Style-Gluten Free	6 - 4.4 oz	60	61695
Glutino Pretzel Twists	6-8/1 oz	48	71928
Lucy's Brownie Crisp Cookie, Gluten Free	24/1.25 oz	31.2	407451
Lucy's Chocolate Chip Cookie, Gluten Free	8 - 5.5 oz	40	171267
Lucy's Chocolate Chip Cookie, Gluten Free	125/0.7oz	125	77245
Lucy's Chocolate Chocolate Chunk Cookie, Gluten Free	8 - 5.5 oz	40	73695
Lucy's Cinnamon Thin Cookie, Gluten Free	8 - 5.5 oz	40	74217
Lucy's Lemon Goodness Cookie, Gluten Free	8 - 5.5 oz	40	66576
Lucy's Oatmeal Cookie, Gluten Free	8 - 5.5 oz	40	171150
Lucy's Sugar Cookie, Gluten Free	8 - 5.5 oz	40	170552
Lucy's Cookie Variety Gluten Free # 2:2 - Sugar, 2 - Cinnamon,2 - Chocolate Chip, 2 - Oatmeal	8 - 5.5 oz	40	64146
BAKING MIXES / FLOURS / FROSTING			
Ener-G Baking Powder - Gluten Free	12/7.05 oz	804	64230
Ener-G Baking Soda - Gluten Free	12/5.3 oz	600	63689
Ener-G Egg Replacer - Gluten Free/Low Protein	12/16 oz	1356	520498
Ener-G Egg Replacer - Gluten Free/Low Protein	1/50 lb	277	71321
Ener-G® White Rice Flour - GF	12/20 oz	132	76363
Ener-G® Tapioca Flour - GF	12/16oz	108	63577
Bernard® Chocolate Cake Mix, GF/SF	6/20 oz	90	77867
Bernard® Yellow Cake Mix, GF/SF	6/20 oz	90	66038
Bernard® Blondie Brownie Mix, GF/SF	6/20 oz	120	69206

GLUTEN FREE

Bernard® Chocolate Fudge Brownie Mix, GF/SF	6/20 oz	120	74188
Gluten Free Pantry Pancake and Waffle Mix - Gluten Free	6 / 15 oz	66 - 2.5 tbsps	71185
Gluten Free Pantry Sandwich Bread Mix	6/22 oz	120	78409
Abundant Life Foods - All Purpose Flour	4/4 lb	180	63102
Abundant Life Foods - All Purpose Flour	1/25 lb	281	65824
Abundant Life Foods - Onion Ring Batter Mix - GF	6/12oz	36	72365
Abundant Life Foods - Pancake Mix - Buttermilk - Gluten Free	6/13oz	96	61251
Abundant Life Foods - Pancake Mix - Buttermilk - Gluten Free	1/25 lb	492	70133
Abundant Life Foods - Pancake Mix - Blueberry - Gluten Free	6/14oz	96	60713
Abundant Life Foods - Pancake Mix - Variety - (3/buttermilk pancake mix, 3/blueberry pancake mix)	6-assorted	96	66742
Abundant Life Foods - Pizza Crust Mix - Gluten Free	6/18oz	96	65624
Abundant Life Foods - Biscuit Mix - Gluten Free	6/12oz	72	75176
Abundant Life Foods - Pie Crust Mix - Gluten Free	6/12oz	96	67177
Abundant Life Foods - Brownie Mix - Chocolate Fudge - Gluten Free	6/12oz	96	67107
Abundant Life Foods - Brownie Mix - Blonde - Gluten Free	6/12oz	96	62267
Abundant Life Foods - Brownie Mix- Variety (3 Choc Fudge, 3 Blonde)	6/12oz	96	62022
Abundant Life Foods - Icing Mix - Cream Cheese - GF	6/12oz	192	69543
Abundant Life Foods - Icing Mix - Butter Vanilla - GF	6/12oz	192	67786
Abundant Life Foods - Icing Mix - Chocolate Fudge - GF	6/12oz	192	68952
Abundant Life Foods - Cookie Mix - Chocolate Chip - Gluten Free	6/16oz	108	76419
Abundant Life Foods - Cookie Mix - Oatmeal - Gluten Free	6/16oz	108	71616
Abundant Life Foods - Cookie Mix - Sugar Drop - Gluten Free	6/12oz	90	64677
Abundant Life Foods - Cookie Mix - Peanut Butter - GF	6/17 oz	90	71179
Abundant Life Foods - Cookie Mix - Birthday Cake - GF	6/13 oz	90	74755
Abundant Life Foods - Cookie Mix - Variety #1- Gluten Free (2/sugar drop cookie mix, 2/choc chip cookie mix, 2/oatmeal cookie mix)	6/assorted	102	67006
Abundant Life Foods - Cookie Mix - Variety #2- Gluten Free (2/choc choc chip cookie mix, 2/butterscotch cookie mix, 2/choc chip cookie mix)	6/16oz	108	60242
Abundant Life Foods - Cookie Mix - Variety #3- Gluten Free (2/cinnamon butter cookie mix, 2/lemon cookie mix, 2/ginger cookie mix)	6/12oz	90	67332
Abundant Life Foods - Cake Mix - Birthday Cake - GF	6/16 oz	96	61103
Abundant Life Foods - Cake Mix - Chocolate - Gluten Free	6/18oz	96	76295
Abundant Life Foods - Cake Mix - Chocolate - Gluten Free	1/25 lb	399	70704
Abundant Life Foods - Cake Mix - Golden - Gluten Free	6/15oz	96	76308
Abundant Life Foods - Cake Mix - Golden - Gluten Free	1/25 lb	355	66308
Abundant Life Foods - Cake Mix - Ginger - Gluten Free	6/15oz	96	61681
Abundant Life Foods - Cake Mix - Lemon - Gluten Free	1/25 lb	399	79519
Abundant Life Foods - Cake Mix - Variety # - Gluten Free (2/choc cake mix, 2/golden cake mix, 2/spice cake mix)	6-assorted	96	71786
Abundant Life Foods - Cake Mix - Variety #: - Gluten Free (2/banana cake mix, 2/lemon cake mix, 2/carrot cake mix)	6-assorted	96	63253
Abundant Life Foods - Scone Mix - Blackberry - GF	6/15oz	72	61996
Abundant Life Foods - Scone Mix - Raspberry - GF	6/15oz	72	62536
Abundant Life Foods - Scone Mix - Blueberry - GF	6/15oz	72	62987
Abundant Life Foods - Muffin Mix - Basic - Gluten Free	6/12oz	72	65124
Abundant Life Foods - Muffin Mix - Blueberry - Gluten Free	6/13oz	72	61533
Abundant Life Foods - Muffin Mix - Corn - Gluten Free	6/12oz	72	78736
Abundant Life Foods - Muffin Mix - Corn - Gluten Free	1/25 lb	400	70118
Abundant Life Foods - Muffin Mix - Variety #1- Gluten Free (2/lemon poppy muffin mix, 2/orange muffin mix, 2/cinn apple muffin mix)	6-assorted	72	64539
Abundant Life Foods - Muffin Mix - Variety #: - Gluten Free (2/basic muffin mix, 2/blueberry muffin mix, 2/corn muffin mix)	6-assorted	72	73426

GRAVY & SAUCE MIXES

GLUTEN FREE

Full Flavor Foods Mix Gravy Chicken Gluten Free	18 / 1.06 oz.	90	67671
Full Flavor Foods Mix Gravy Chicken Gluten Free	8/13.5 oz	512	64273
Full Flavor Foods Mix Gravy Beef Gluten Free	18 / 1.06 oz.	90	68704
Full Flavor Foods Mix Gravy Beef Gluten Free	8/13.5 oz	512	69179
Full Flavor Foods Mix Gravy Turkey Gluten Free	18 / 1.06 oz.	90	74147
Full Flavor Foods Mix Gravy Turkey Gluten Free	8/13.5 oz	512	60514
Full Flavor Foods Mix Gravy Pork Gluten Free	18 / 1.06 oz.	90	64934
Full Flavor Foods Mix Gravy Pork Gluten Free	8/13.5 oz	512	72790
Full Flavor Foods Mix Sauce Mush Gluten Free	12 / 2.65 oz.	60	78807
Full Flavor Foods Mix Sauce Cheese Gluten Free	12 / 2 oz.	60	71151
Full Flavor Foods Mix Sauce Alfredo Gluten Free	12 / 1.34 oz.	24	72985
Full Flavor Foods Mix Sauce Alfredo Gluten Free	8/10.75 oz	128	70033
Full Flavor Foods GF Gravy Mix Variety 4 - chicken gravy, 4 - beef gravy, 4 - turkey gravy, 4 - pork gravy	16/1.06 oz	80	66631
Full Flavor Foods GF Sauce Mix Variety 4 - vegetarian mushroom, 4 - cheese sauce, 4 - alfredo sauce	12/varied	12/varied	64751
Full Flavor Foods Variety: 1 packet of each	10 / varied	10 / varied	63142
Butter Buds Alfredo Sauce Mix	8 - 1 lb	320	214127
Walden Farms Pasta Sauce, Tomato w/ Basil SF	6/12 oz	36	61392
Walden Farms Alfredo Sauce SF	6/12 oz	36	73116
Walden Farms Garlic & Herb Sauce SF	6/12 oz	36	64329
Walden Farms BBQ Sauce SF	6/12oz	72	66490
Abundant Life Sauce Mix, Alfredo	6/12 oz	114	62440
Abundant Life Sauce Mix, Cheddar Cheese	6/16 oz	240	63858
Abundant Life Gravy Mix, Beef	6/8 oz	210	63003
Abundant Life Gravy Mix, Chicken	6/7 oz	210	70934
Abundant Life Gravy Mix, Turkey	6/7 oz	210	78908
Abundant Life Gravy Mix, Pork	6/7 oz	210	76526
Abundant Life Gravy Mix, Mushroom	6/7 oz	210	77743
Abundant Life Gravy Mix, Tomato	6/10 oz	222	77922
SOUP MIXES / BROTH			
Full Flavor Foods Mix Soup Cream Gluten Free	12 / 2.65 oz.	36	65252
Abundant Life Foods - Soup Mix - Corn Chowder - GF	8/6oz	32	62803
Abundant Life Foods - Soup Mix - Cream of Chicken Vegetable - GF	8/6oz	32	79750
Abundant Life Foods - Soup Mix - Potato Leek - GF	8/6oz	32	73859
Abundant Life Foods - Soup Mix - Cream of Mushroom - GF	8/6oz	32	79222
Abundant Life Foods - Soup Mix - Butternut Squash - GF	8/6oz	32	65982
Abundant Life Foods - Soup Mix - Cream of Tomato Basil - GF	8/6oz	32	73929
Abundant Life Foods - Soup Mix - Cream of Broccoli - GF	8/6oz	32	62311
Abundant Life Foods - Soup Mix - Cream of Asparagus - GF	8/6oz	32	63323
Abundant Life Foods - Soup Mix - Variety #: (2/corn chowder soup mix, 2/butternut squash soup mix, 2/tomato basil soup mix, 2/cr of broccoli soup mix)	8/6oz	32	64525
Abundant Life Foods - Soup Mix - Variety #: (2/cream of asparagus, 2/potato leek soup mix, 2/cr of mushroom soup mix, 2/cr of chicken vegetable soup mix)	8/6oz	32	69110
Bernard® Hi-Protein Cream Soup Base Mix	12/14 oz	108	67616
Bernard® Hi-Protein Beef Flavor Broth Mix	6/16 oz	72	62385
Bernard® Hi-Protein Chicken Flavor Broth Mix	6/16 oz	72	78778
CONDIMENTS			
Butter Buds flavor granules	24 - 4 oz	1344	79050
Butter Buds flavor granules packets	500 - 2 g	500	66206
Buttermist Pan/Food Spray	6/17 oz	11550	421998
Buttermist Garlic Pan/Food Spray	6/17 oz	11550	598512
Menu Magic Assorted Jellies: Apple/Grape/Mixed Fruit	200/11g	200	71082
Walden Farms Marshmallow Dip SF	6 / 12 oz	72	60116
Walden Farms Caramel Dip SF	6 / 12 oz	72	77574
Walden Farms Cranberry Spread SF	6/12 oz	132	60946
Walden Farms Cranberry Spread packets SF	200/11g	200	64609

GLUTEN FREE

Walden Farms Fruit Spread, Strawberry SF	6/12 oz	132	63213
Walden Farms Fruit Spread, Apple Butter SF	6/12 oz	132	76650
Walden Farms Condiment Peanut Spread SF	6/12oz	72	60213
Walden Farms Syrup Chocolate SF/pcs	72/1oz	72	67955
Walden Farms Syrup Chocolate SF	6/12oz	72	70374
Walden Farms Syrup Pancake SF	6/12oz	36	78368
Walden Farms Condiment Ketchup SF	6/12oz	132	61448
Walden Farms Condiment Mayo SF	6/12oz	156	68341
Walden Farms Dressing Thousand Island SF	6/12oz	72	61505
Walden Farms Dressing Thousand Island SF	4/128oz	512	65265
Walden Farms Dressing Italian SF	6/12oz	72	72547
Walden Farms Dressing Italian SF	4/128oz	512	71533
Walden Farms Dressing Ranch SF	6/12oz	72	66814
Walden Farms Dressing Ranch SF	4/128oz	512	68078
Walden Farms Dressing French SF	6/12oz	72	76174
Walden Farms Dressing Honey Dijon SF	6/12oz	72	70332
Walden Farms Dressing Creamy Bacon	6/12oz	72	62064
Walden Farms Dressing Vinaigrette Raspberry SF	6/12oz	72	76322
Walden Farms Dressing Vinaigrette Raspberry SF	4/128 oz	512	62633
Walden Farms Dressing Vinaigrette Balsamic SF	6/12oz	73	70726
Walden Farms Dressing Vinaigrette Balsamic SF	6/12oz	74	74329
Walden Farms Dressing Bleu Cheese SF	6/12oz	75	63352
Walden Farms Dressing Caesar SF	6/12oz	76	78315
Walden Farms Dressing Caesar SF	6/12oz	77	73496
Walden Farms Dressing Ginger Sesame SF	6/12oz	78	74884
Walden Farms Dressing Ranch Chipotle SF	6/12oz	79	60058
SOFT SERVE FLAVOR PACKS			
Temptation Soft Serve Vanilla Ice Cream - Vegan/GF	6/4.08 lb	450	69907
Temptation Soft Serve Chocolate Ice Cream - Vegan/GF	6/4.08 lb	450	66936
Temptation Soft Serve Ice Cream Variety Pack (3/Vanilla, 3/Chocolate)	6/4.08lb	450	64024
SUPPLEMENTS			
Boost® Nutritional Pudding, Vanilla	12 - 4/5 oz	48	218552
Prosource™ No Carb Protein Beverage - Neutral	100/1 fl oz	100	142370
Prosource™ No Carb Protein Beverage - Neutral	1/30 fl oz	30	67886
Prosource™ No Carb Protein Beverage - Neutral	4/30 fl oz	120	625567
Prosource™ No Carb Protein Beverage - Orange Crème	4/30 fl oz	120	73208
ProSource® Liquid Protein, for Tube Feeding Only	100/45mL	100	77581
Prosource® Plus, Liquid Protein, Berry Punch	4/30 fl oz	120	223539
Prosource® Gelatein 20, Fruit Punch	36/4 oz	36	296833
Prosource® Gelatein 20, Orange	36/4 oz	36	316957
Prosource® Gelatein 20, Lime	36/4 oz	36	79966
Prosource® Gelatein Plus with MCT Oil, Lime	36/4 oz	36	71848
Prosource® Gelatein Plus, Cherry	36/4 oz	36	70194
Prosource® Gelatein Plus, Lemon	36/4 oz	36	65102
Prosource® Gelatein Plus, Pineapple	36/4 oz	36	69869
Prosource® ZAC, Berry Punch Liquid Protein	4/30 fl oz	30	77872
Prosource® ZAC, Berry Punch Liquid Protein	1/30 fl oz	120	60697
Prosource® Protein Supplement, Powder	6/9.7oz	~216	79682
UtyMax® Drink Mix Supplement, Cranberry	60/5g	60	76762
PreB2® Prebiotic with Bimuno	60/12.5g	60	68796
XtraCal™ Plus, High Calorie Supplement	50/3g	50	65672
FiberCel Fiber Powder, Unflavored	6/14 oz	432	68036
FiberCel Fiber Powder, Unflavored packets	6 - 28/5.6g	128	69994
LiquaCel™ Liquid Protein, Lemonade	100/1 oz	100	75400
LiquaCel™ Liquid Protein, Lemonade	1/32 oz	32	66220
LiquaCel™ Liquid Protein, Lemonade	6/32 oz	192	60029
MISC...			
Walden Farms Coffee Creamer, Mocha	6/12 oz	144	60587

GLUTEN FREE

Walden Farms Coffee Creamer, Hazelnut	6/12 oz	144	73790
Walden Farms Coffee Creamer, Sweet Cream	6/12 oz	144	68022
Walden Farms Coffee Creamer, Original	6/12 oz	144	63061
Walden Farms Coffee Creamer, French Vanilla	6/12 oz	144	66868
Teese Nacho Cheese Sauce - Vegan/GF	9/3lb	432	73650
Teese Nacho Cheese Sauce - Vegan/GF	3/3lb	144	65708
Teese Mozzarella Cheese- Vegan/GF	9/3lb	432	944714
Teese Mozzarella Cheese- Vegan/GF	3/3lb	144	65695
Teese Cheddar Cheese - Vegan/GF	9/3lb	432	75908
Teese Cheddar Cheese - Vegan/GF	3/3lb	144	79961
Teese Creamy Cheddar Cheese - Vegan/GF	9/3lb	432	77042
Teese Creamy Cheddar Cheese - Vegan/GF	3/3lb	144	64764
Teese Cheese Variety Pack - Vegan/GF (1/3lb Mozzarella, 1/3lb Cheddar, 1/3lb Creamy Cheddar)	3/3lb	144	60256